

# Extreme Cowboy Association Brave Horse



## May 2020

*As the global situation with COVID-19 continues to evolve, we at the Extreme Cowboy Association offer continued prayers for our members to stay safe. We wish you and your family all the best.*

*Please continue to check the EXCA website for events that have been postponed or cancelled. We will also publish new dates for events as they are established.*

### **Welcome to the Extreme Cowboy Association**

This is the latest issue of your monthly newsletter, ***The Brave Horse***.

You will receive it each month electronically around the middle of the month. The Brave Horse will be full of interesting stories, EXCA event results, point standings, human interest stories about EXCA members and Tips and Tales from our founder, Craig Cameron. We encourage you to communicate your suggestions for stories and ideas that will make The Brave Horse fun, better and more informative. The Brave Horse: the best newsletter in the equine world.

Please forward your ideas and suggestions to Tracy Pinson at [TLPinson@aol.com](mailto:TLPinson@aol.com)

## 2020 EXCA World Champions are November 3 - 8, 2020

The EXCA World Championships will once again be held at the Somervell Expo Center in Glen Rose, Texas.



Stalls and RV sites are reserved by contacting Somervell Expos Center directly at 254-897-4509. They are accepting reservations now!

Details for the event can be found on the EXCA website at: [EXCA World Championship Program.](#)

More information will be posted as we get closer, but make your plans now!

## EXCA Futurity Reminder

Futurity horses may be ridden by any competitor age 12 and over.

The Futurity Division is a sanctioned competition at the EXCA World Championship only.



All horses must be either 3 or 4 years old during the competition year of the World Championship in which they plan to participate.

A futurity horse must be nominated by August 1 to be accepted for the EXCA World Championship competition.

Any late nominations will require a \$100 late fee at time of nomination.

Any horse that is nominated may compete in the sanctioned EXCA Green Horse Division (can only compete in the Green Horse class to remain eligible for the EXCA Futurity at the World Championship.) Futurity nominated horses may not have shown in any EXCA (or similar organization's) competition.

Horses of any breed are accepted. Horses do not have to be registered.

The Futurity fee will be paid in installments as follows::

- \$250.00 with the nomination form and registration papers by August 1;

- \$100.00 by September 1
- \$100.00 by October 1.

Note: there is a 10 day grace period provided the postmark is no later than August 10, September 10 and October 10. Any installment received after the grace period will have a \$25.00 late fee added.

Should a futurity horse be scratched from nomination, any fees that have been paid are non-refundable but are transferable.

All exhibitors and/or owners must be current members of EXCA.

The nomination form can be found on the EXCA website and can be submitted electronically or mailed to the EXCA office.



## **HORSES AND SLEEP**

Horses must lie down to reach REM sleep. They only have to lie down for an hour or two every few days to meet their minimum REM sleep requirements. Horses sleep better when in groups because some animals will sleep while others stand guard to watch for predators. • Horses are able to sleep both standing up and lying down. They are able to doze and enter light sleep while standing.

Horses are able to sleep standing up because a “stay apparatus” in their legs allows them to relax their muscles and doze without collapsing.

Unlike humans, horses do not need a solid, unbroken period of sleep time. While horses may spend up to 15 hours in standing rest and several hours lying down, they only require approximately two and a half hours of sleep, on average, in a 24-hour period. Most of this sleep occurs in many short intervals of about 15 minutes each.

## **HORSE SAYINGS AND WHERE THEY CAME FROM**

### **“Don’t look a gift horse in the mouth”**

This saying has been in existence for centuries, even appearing in a 1546 compendium of English proverbs. Its origin lies in the fact that a horse’s teeth can be used to tell its age. To receive a horse as a gift and then immediately inspect its teeth to determine its value was considered rude. In modern times, you’d never receive a gift and then ask the giver how much he/she paid for it, right?

### **“Get off your high horse”**

In medieval times, people of noble birth rode the best horses, which were generally bigger, stronger and taller. To ride a high horse was to be in a higher position, both physically and economically, and the rider could feel superior to those less privileged. We now use the phrase to refer to any instance in which someone affects an air of moral superiority.

### **“Pee like a racehorse”**

The fact is horses urinate a lot. The average adult male horse can urinate up to 10 gallons per day, and the bigger the horse, the more they go. In the 1970s, horse trainers began using diuretic drugs on their horses before races, believing that an empty bladder would make the horse lighter on its feet and, in turn, faster. Our popular notion of “peeing like a racehorse” refers to these horses’ evacuating their bladders in massive quantities before they compete.

### **“Straight from the horses mouth”**

Race tracks and betting parlors are full of hot tips about which horse is most likely to win; tips that come from trainers, owners, jockeys — those closest to the horse itself - are considered the most credible. First hand tips from this inner circle are the next-best thing to hearing them from the horse itself.

### **“Charley Horse”**

A common name for a cramp in the leg, there is no definite story about the origin of the term “Charley Horse.” The most common believe is that it got

its origins in baseball no earlier than 1886. A popular story is that Chicago baseball player Joe Quest suffered from stiff legs and it reminded him of an old lame horse named Charley.

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## **Craig Cameron Ride Smart Horsemanship You Tube Channel**

Through the media of You Tube, Craig Cameron and the Ride Smart Horsemanship Series features all aspects of horsemanship, the cowboy tradition, and the American way. We put a lot of thought, work and effort to bring you originality, entertainment and education in each and every show. We are working hard to give you the type of instruction that you can use on a daily basis, whether you're a beginner, intermediate, advanced or professional horseman.

We have more fun and more horsemanship coming to you down the line on our YouTube channel. Be sure to subscribe and never miss a show!

<https://m.youtube.com/c/CraigCameronRideSmartHorsemanship>

We thank you for your input, emails, and continued support.

Ride like a champion!

Craig Cameron

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## **2019 EXCA World Champion Mustang "Sawyer" and Nicola Bolt**







# Oklahoma State Championships

Hosted by Rolling Stone Stables

**NEW DATE!! JUNE 27-28**



## INFORMATION

Limited RV Sites - \$25/night  
Dry Camping Free  
Limited Box Stalls \$25/night  
Outdoor Pens \$20/night  
Concessions on site

Judge and Clinician -  
**JEFF DAMPHOUSE**

**TWO COURSES**  
Technical Course  
Natural Course

**2 Clinic Sessions on Fri**  
**\$100 for 3 hrs or \$150 both**

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**BUCKLES FOR  
FIRST &  
RESERVE!!**

# Extreme Cowboy Race National Championships

**5X POINT  
EVENT!!!!**

**GREAT PRIZES  
& PAYBACK!**

**WHEN:** August 29<sup>th</sup> and 30<sup>th</sup>, 2020  
**TIME:** Registration Opens at 7:30 a.m.  
Young Guns Walk Thru at 8:30 a.m.  
Competition Starts at 9:00 a.m.

**ENTRIES CLOSE  
AUG 24<sup>TH</sup>!**

**INDOOR  
ARENA!!!**

**WHERE:**  
Morgan County Celebration Arena  
67 Horse Center Road  
Decatur, AL 35603

**COVERED &  
OUTDOOR  
WARM UP!**

Craig Cameron's Extreme Cowboy Race consists of obstacles such as water, moguls, side-pass, bridges, back-thrus, jumps, roping, etc. Horsemanship with speed provides an exciting event for competitors and spectators.

## Two runs for all divisions

(One round on Saturday and one on Sunday - Scores are combined to determine winners)

Pro, Non-Pro, Novice, Intermediate, Ride Smart, Green Horse, Youth, & Young Guns

**Buckles, payback and prizes in all divisions**

**Order of go to be determined by receipt of entries - Last to enter is first to run!**

**\*\*To qualify, you must have raced in at least one sanctioned EXCA race!\*\***

**Complete rules can be found at [www.extremecowboyassociation.com](http://www.extremecowboyassociation.com)**



For More Information: [www.southernobstaclechallenges.com](http://www.southernobstaclechallenges.com)  
352-217-2448 or email [southernobstaclechallenges@gmail.com](mailto:southernobstaclechallenges@gmail.com)



**Directions:** Take I-65 North to Exit 334 – Decatur-Priceville-Somerville. Turn right onto Hwy 67 South. Take Hwy 67 South 3.2 miles to Shoal Creek Rd. Turn right onto Shoal Creek and go 0.2 mile and turn left onto Horse Center Rd. Celebration Arena will be located on the right.

**Host Hotel:** Comfort Inn, 3239 Point Mallard Parkway, Decatur, AL 35603

**Phone:** 256-355-1037 **Mention the Extreme Cowboy Race rate!**

## 2020 EXCA Events

For details, contact information and event flyers, please check the EXCA website at [www.extremecowboyassociation.com](http://www.extremecowboyassociation.com).

5/22/20 – Xtreme Wild Rose, Leduc Rodeo Grounds, Leduc, AB

5/31/20 – El Rodeo Ranch Riders, El Rodeo Equestrian Center, Brea, CA

5/31/20 – SMS Ranch Xtreme Cowboy, SMS Ranch, Tofield, AB

6/12-13/20 – Israel Equestrian Federation ILEXCA Leage 2020 Race #3,  
Green Fields Ranch, Rishon LeTsiyon, ISR

6/13/20 - SMS Ranch Xtreme Cowboy, Vegreville Agricultural Society,  
Vegreville, AB

6/13/20 - Shades of Gold Ranch Cowboy Challenge, Shades of Gold Ranch,  
Leona Valley, CA

6/13/20 – Ultimate Horseman’s Challenge, R Bar B, Topeka, KS

6/14/20 – Extreme Cowboy Alberta, Cochrane AG, Cochrane, AB

6/14/20 – Ultimate Horseman’s Challenge, Topeks, KS

6/20/20 – KenInTen Kentucky State Championships, Rick Carey Farm, Cave  
City, KY

6/21/20 - EXCA of Western Europe Summerchallenge, Ter Duinen, Koksijde,  
BE

6/27/20 - O.H.I.O EXCA, Creek Side Horse Park, Waynesburg, OH

6/27-28/20 – Oklahoma State Championships, Rolling Stone Stables,  
Shawnee, OK

6/28/20 - El Rodeo Ranch Riders, El Rodeo Equestrian Center, Brea, CA

7/4/20 - SOCA Alabama State Championship Race, The Canyon, Hodges, AL

7/4/20 - FREXCA, Extreme Cowboy Race, Ranch de la Foucaudiere, Basse,  
Normandie, FR

7/4-5/20 – EXCA of Western Europe Cowboy Classic, EC Ranch, Antwerpen,  
BE

7/5/20 - SMS Ranch Xtreme Cowboy, SMS Ranch, Tofield, AB

7/12/20 – Belgian Extreme Cowboy Assoc., The Valley Ranch, Floree, BE

7/18/20 – Ultimate Horseman’s Challenge, Bates County Fairgrounds, Butler,  
MO

7/19/20 - EXCA of Western Europe Cowboy Classic, Flaming Star Ranch,  
Hamont-Achel, BE

7/19/20 - FREXCA, Extreme Cowboy Race, Tequila Ranch, Pays de la Loire,  
FR

7/24/20 – KenInTen Southern Regional Championships, Legends Horse  
Ranch, Kaufman, TX

7/25-26/20 - EXCA of Western Europe Summerchallenge Gipsy Horses



Rodeo, Westerlo, BE

7/25-26/20 - FREXCA, Extreme Cowboy Race, West Race Association, Pays de la Loire, FR

7/25/20 - Extreme Cowboy Alberta, Cochrane AG, Cochrane, AB

7/26/20 - Extreme Cowboy Alberta, Cochrane AG, Cochrane, AB

7/26/20 - El Rodeo Ranch Riders, El Rodeo Equestrian Center, Brea, CA

8/8/20 - SOCA Georgia State Championship Race , Chicopee Woods Agriculture Center, Gainesville, GA

8/8-9/20 - Belgian Extreme Cowboy Assoc., l'écurie du cheval de Coeur a reves, Reves, BE

8/15/20 - O.H.I.O EXCA, S bar L Arena, Sugarcreek, OH

8/16/20 - EXCA of Western Europe Summerchallenge Stapelheyde, Brecht, BE

8/22/20 - Extreme Cowboy Alberta Cowboy Classic, Cochrane AG, Cochrane, AB

8/22/20 - KenInTen August Race, Rick Carey Farm, Cave City, KY

8/23/20 - Belgian Extreme Cowboy Assoc., Dave City Ranch, Gendron-Celles, BE

8/29-30/20 - EXCA National Championships Hosted by SOCA (5X Point Race), Celebration Arena, Decatur, AL

8/29-30/20 - EXCA of Western Europe, Summerchallenge Pony Express, Limburg, BE

8/29-30/20 - Free Rein Foundation Extreme Cowboy Race, Ellis Street, Huntington Beach, CA

8/29-30/20 - SMS Ranch Xtreme Cowboy, SMS Ranch, Beaver County, AB

9/5-6/20 - Dixie Outlaws Cowboy Classic, Foothills Arena, Clarksville, AR

9/5/20 - Shades of Gold Ranch Cowboy Challenge, Shades of Gold Ranch, Leona Valley, CA

9/5-6/20 - Extreme Cowboy Alberta Provincial Championship, Cochrane AG, Cochrane, AB

9/12-13/20 - Australian Extreme Cowgirls True Grit Cowboy Classic, Elmore Equestrian Centre, Elmore, VI

9/12-13/20 - FREXCA French Championship, West Race Association, Pays de

la Loire, FR

9/12/20 - Ultimate Horseman's Challenge, Saddle and Sirloin, Kansas City, MO

9/13/20 - Ultimate Horseman's Challenge, Saddle and Sirloin, Kansas City, MO

9/19/20 - KenInTen South Central Regional Championship, Rick Carey Farm, Cave City, KY

9/19-20/20 - EXCA of Western Europe Summerchallenge Finals, Ecurie du Chesnois, Henegouwen, BE

9/20/20 - Belgian Extreme Cowboy Assoc., Llyda Stables, Destelbergen, BE

9/20/20 - SMS Ranch Xtreme Cowboy, SMS Ranch, Beaver County, AB

9/25/20 - Extreme Cowboy Alberta 2020 Finals, Cochrane AG, Cochrane, AB

9/25-26/20 - Israel Equestrian Federation ILEXCA Leage 2020 Race #4, Green Fields Ranch, Rishon LeTsiyon, ISR

9/26-27/20 - Oklahoma EXCA Mid Central Championships, Rolling Stone Stables, Shawnee, OK

9/26-27/20 - SOCA Southeastern Regional Championships, Green River Farms, Gaffney, SC

10/3/20 - Shades of Gold EXCA Regional Championship, Shades of Gold Ranch, Leona Valley, CA

10/3/20 - Ultimate Horseman's Challenge, Irvin Ranch, Cleveland, MO

10/4/20 - SMS Ranch Xtreme Cowboy 2020 Finals, SMS Ranch, Beaver County, AB

10/10/20 - SOCA Florida Extreme Cowboy Race, Darby Oaks Stables, Bushnell, FL

10/10/20 - The GRIT Inaugural Fall Race, CM Equine Center, Statesville, NC

10-16-18/20 - Israel Equestrian Federation ILEXCA Leage 2020 Race #5, Green Fields Ranch, Rishon LeTsiyon, ISR

10/17/20 - Ultimate Horsemans Challenge, Eagle Ranch, Collins, MO

11/3-8/20 - EXCA World Championship, Somervell Expo Center, Glen Rose, TX



## Important!!! Club Organizers, Please Note!

Club organizers, please make sure you submit your 2020 events on the EXCA

website! [https://extremecowboyassociation.com/event\\_application.htm](https://extremecowboyassociation.com/event_application.htm)

Also, make sure your 2020 club membership is paid before you enter events for the new year! The link

is: <https://www.extremecowboyraces.com/product5.html>

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### **EXCA Clubs: Please submit news from your region!**

We are asking that all clubs submit results, pictures and any news from your region so we can share with the EXCA membership. Please send them to Tracy Pinson at [TLPinson@aol.com](mailto:TLPinson@aol.com).



### **EXCA Dues**

Make sure your dues are paid so that all points earned at the races count toward qualifying for the World Finals! Please check your membership card for the expiration date.

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## **National High Point Standings**

Rachael Saunders on Caohmin Hank - 2983.616

Charlotte Maywald on Mr Excitabelle - 2727.327

Zoe Mullens on Billy Ray - 2004.427

Diane Solomon on RL Special Magic - 1996.228

Sharon Crafter on Radar - 1873.741

Brett Stanley on Ima Hollywood Cowboy - 1366.994

Jodie Piva on Docs Sweet Pickins - 1262.275

Bob Hill on RJ Freckles Jewel (Shango) - 1243.205

Elisa Grobe on Lagoona Rockafella - 1241.955

Michelle Stanley on Packin Heat - 1172.128



## Extreme Cowboy Association

PO Box 50

Bluff Dale, TX 76433

[www.extremecowboyassociation.com](http://www.extremecowboyassociation.com)

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